

# Stressed

employees cost your business.  
**Want to know how much \$?**

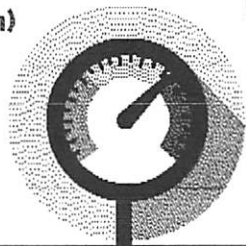
## POP QUIZ

Which cost below is estimated to be 7.5x higher than the other two?

- ☐ Health Insurance & Benefits    ☐ Absenteeism    ☐ Presenteeism

## GET THE ANSWER

Download our  
**Cost of Stress Article**  
(located at [www.costofstressiwcc.com](http://www.costofstressiwcc.com))



## TAKE ACTION

  
Schedule a **FREE Lunch n' Learn** on Stress Management  
for your employees  
(see details below)



Visit [www.costofstressiwcc.com](http://www.costofstressiwcc.com) or call **855-487-5469** (select option 1)

INNATE | WELLNESS CENTERS

Innate Wellness Centers is a group of wellness consultants and clinicians dedicated to improving the health of a business one employee at a time. Our offices around the country offer the highest quality, proactive wellness education and care on the planet, both on-site and in our offices.

Offer expires 8/15/16. FREE Lunch n' Learn is catered through Panera or Corner Bakery, or other local caterer if necessary. Our speaker will present tips and techniques to better manage stress for approximately 20-25 minutes. A business must have minimum of 6 employees present for Lunch n' Learn. First on-site Lunch n' Learn is FREE, absolutely no strings attached. Visit our website for testimonials and list of satisfied clients.

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